Providing Compassionate Healthcare

Honoring the Past, Celebrating the Present, Preparing for the Future

Steele Memorial Medical Center

2009 Annual Report
Founded in 1950, Steele Memorial Medical Center, formerly known as Steele Memorial Hospital, is a Medicare Certified, not-for-profit, 18-bed Critical Access Hospital and associated Rural Health Clinic. SMMC is a comprehensive healthcare system serving people in Lemhi and Custer counties.

The original hospital facility was built through funds generously provided by the residents of Lemhi County, donations and a large contribution made by Eleanor and Emmett Reese in the memory of Eleanor's father, Charles Steele.

In November 2002, the citizens of Lemhi County passed a General Obligation Bond to help support construction of a new, replacement hospital facility. This bond combined with a $3 million grant pledge to the Steele Memorial Foundation from the Steele-Reese Foundation made construction of a new hospital a reality. Construction of the new hospital began in May 2003 and continued until September 2004. The new facility officially held its grand opening on October 22, 2004.

The Rural Health Clinic, Steele Memorial Clinic, provides many valuable services to the community. The Clinic's staff consists of one OB/GYN specialist, and two Family Practice/OB physicians, who are partnered with two Nurse Practitioners. A Board Certified General Surgeon and Board Certified Orthopedic Surgeon also provide screening, consultation and operative treatments.

Our healthcare system offers outpatient healthcare services, inpatient care, a full-service therapy department, laboratory services, medical imaging including CT Scan with 64 slice technology, Ultrasound, Mammography, Radiology and MRI, surgical services— including General Surgery, Orthopedic Surgery, Gynecological Surgery and Endoscopy procedures. Our Outpatient Specialty Clinic offers Cardiology, Dermatology, Psychiatry, Vascular, Podiatry, Optometry and Oncology services.
A MESSAGE FROM THE CEO

Steele Memorial Medical Center continues to grow offering more services to the community it serves. During 2009, there was a big focus on preventative care as Steele Memorial offered new screening services, including Calcium Scoring and Carotid Ultrasound services. Financially, Steele Memorial Medical Center had a very good year despite the weak economy. Gross revenues exceeded twenty-million for the first time ever while continuing to operate efficiently and keeping expenses under control; overall, outperforming fiscal year 2008. Steele Memorial continues to focus on the future and longevity of the organization by investing in a long term vision designed to sustain growth and provide appropriate services for the members of the community it serves.

A QHR MANAGED FACILITY

The Steele Memorial Medical Center Operating Board first contracted Quorum Health Resources (QHR), in March 2003, to provide management services. Realizing the level of expertise and knowledge required to manage a successful healthcare organization, the board elected to rely on the vast experience and resources that QHR could offer. QHR provides stability and direction which contributes to the overall health of the facility in order for Steele Memorial Medical Center to continue providing comprehensive services to the rural area.

Steele Memorial has benefited from its partnership with QHR in terms of industry experience and market leverage. QHR has managed community hospitals for over 30 years in virtually every state in the U.S. The regional teams understand not only healthcare on a national level, but the issues in hundreds of local markets as well. The QHR Learning Institute provides training opportunities for hospital board members, leaders and department managers to make better decisions and learn new trends and regulations.

Another significant benefit from our partnership with QHR is the annual cost savings of more than a million dollars that Steele Memorial realizes on consulting services, education, purchasing and regional support. In short, Steele Memorial’s relationship with QHR provides the hospital with outstanding professional services and industry experience as well as significant cost savings.

I would like to thank all of the people who have worked so hard to make Steele Memorial Medical Center a success. The Physicians, Board, Senior Management and employees are some of the best people I have ever worked with. While I will not be here to guide Steele Memorial to greater heights of achievement in 2010, I leave Salmon and Steele Memorial in their good and capable hands and wish them great success in the future.

William Henning
QHR Regional Vice President

Welcome
Compassionate Healthcare
The Board of Directors are a group of local residents with diverse backgrounds, entrusted with the governance of Steele Memorial Medical Center.

Vic Phillips
Chairman

Ryan Allen
Vice Chairman

Jason Smith
Secretary/Treasurer

Dennis Lile
Board Member

Shayne Holmes
Board Member

Michael Ries
Board Member

Annette McFarland
Board Member

David Yanoff, MD
Chief of Staff, Board Member

Victoria Alexander-Lane, Ex-Officio Board Member

Not Pictured Brett Barsalou,
Ex Officio Board Member

Senior Management
Victoria Alexander-Lane, Chief Executive Officer
Preston Becker, Chief Financial Officer
Linda Astalos, Chief Operating Officer & Chief Nursing Officer
Abner King, Chief Information Officer

Directors
Board Members
Steele Memorial Medical Center Providers

Active Staff:
- Stewart G. Carrington, MD
- Adam Deutchman, MD
- Samuel D. Gardner, DO
- Richard M. Natelson, MD
- David B. Yanoff, MD
- Diane Zavotsky, MD

Allied Health Professionals:
- Pamela Baglien, PhD
- Eric E. Barton, DPM
- Ruth Campbell, NP
- Cecil Jackson, CRNA
- Gordon H. Lucas, CRNA
- Daniel McLenahan, CRNA
- Suzanne Nebeker, NP

Consulting Staff:
- George T. Bandow, MD
- Richard P. Cannon, MD
- Ezra D. Ellis, MD
- Gary Ellwein, MD
- Bradley P. Gardner, MD
- William H. Hazle, MD
- William L. Hull, DO
- Mark W. Lischner, MD
- A. Scott Pierson, MD
- Mark L. Sanz, MD
- Matt Tannenbaum, MD
- Kenneth W. Turley, MD

Affiliates:
- Michael C. Biddulph, MD
- Neal J. Clinger, MD
- James P. Edlin, MD
- James B. Harris, MD
- Bruce T. Hayward, DO
- Donald J. Konrad, DO
- Gregory J. Moore, MD
- James P. Neeley, MD
- Kelly C. Phelps, MD
- James F. Schmutz, MD
- Steven Smith, MD
- John J. Strobel, MD
- James W. Taylor, DO
- Peter L. Vance, MD
- David R. Warden, MD
- Alan B. Wray, MD
- William Zachary, MD

Limited License Practitioner:
- Kenneth E. Rogers, DDS

Providers

Your Doctors
Dear Editor:

I am from California and come to Salmon for the summers. I recently found the need to use your emergency room. What an experience! I have never been treated so well so fast and with such compassion.

I received such a thorough examination I couldn’t believe I was in an E.R. A special appreciation to Dr. Bruce Hayward and to nurse Genoa, forgive me if the spelling is incorrect. I had blood work, X-rays, and all the results were back really fast. My hometown E.R. should take a lesson from all of you responsible.

Rosie Luce
Porterville, California

What a Wonderful Experience

Dear Editor:

For about six years our family members have been outpatients-inpatients at Steele Memorial Hospital and Clinic. We’ve lived all over this country and have experienced many different levels of medical care. Never have I been more impressed with a medical staff than here in Salmon. From management, nursing, surgery and food prep to custodial staff, their work to make this the best hospital is apparent.

The nursing staff members all have the most caring and cheerful attitudes of any I’ve seen. The food was wonderful and served attractively (and at eating temperature). The buildings are always clean and look sharp. The physical therapy department is a dream of operation and its staff is absolute tops. The surgical staffers are all wonderful in my book. Their attention to detail and professionalism amazes me, along with their ability to make one feel comfortable and confident of the procedures. The emergency room teams have always been efficient and kind.

My family and I are grateful to have these facilities here for us. Maybe many of the people in this valley feel the same way, and maybe they don’t all remember to let these hospital and clinic personnel know of their appreciation. We need to let them know—and now is the best time.

Larry Hamill
Salmon

Welcome Extended to First Baby of 2009

The first baby born in 2009 at Steele Memorial Hospital was Travis Rueben Carson, born to parents Bryan and Katie Carson. Sister, Peyton Carson, was excited by the birth of her baby brother who was born January 6, 2009 at 1:41 p.m. He weighed 7 pounds, 7 ounces and measured 20 1/2” in length.

Grandparents are Jim and Tammy Hansen of Challis and John and Darla Carson of Salmon.
WE WILL ALWAYS REMEMBER STEELE MEMORIAL AND THE GENEROUS PEOPLE OF SALMON, ID

Early one morning in August of 2006, my wife Judy and I were spell-bound as we drove along the winding narrow road that hugged the banks of the Salmon. I glanced at Judy and noticed that her face was perspiring in spite of the early morning chill.

She said that her heart was pounding hard. She is not one to dramatize. When she said she felt as if she might die, I listened. The minutes that followed are permanently imprinted in my mind.

The woman who ignores colds, flu and the like turned to me and said, “I’m scared, really scared.”
Dear Editor:
I am writing to express my profound appreciation for the skills, talents, and professionalism of our local medical community.
I was recently diagnosed with a life-threatening condition. All of the health concerns and complications entailed in that condition were handled with great expertise and care by Dr. Richard Natelson, aided during surgery by Dr. Adam Deutchman.

My stay at Steele Memorial Hospital was pleasant, even under the circumstances, because of the solicitude of surgical staff and of nurses.

Based on my recent experience, I want to spread the word about our high-caliber medical expertise right here in Salmon. I am thankful for the efforts that have set me on a path I hope will lead to a full recovery; I am also thankful that local medical personnel helped forge that path.

Gloria Irons
Salmon
2009, YEAR IN REVIEW

NEW SERVICES

Since opening our new facility in September of 2004, Steele Memorial Medical Center has been committed to providing comprehensive healthcare locally and is continually looking for additional avenues to provide new services to our patients and the community. Providing quality healthcare has been, and will continue to be, our priority.

CARDIAC CALCIUM SCORING TEST

In 2008 Steele Memorial Medical Center added the state-of-the-art 64-slice “Lightspeed VCT” CAT Scanner. This machine allows our Medical Imaging Department to offer a new screening test for early detection of heart disease called a Cardiac Calcium Scoring Test. As of April 2009, SMMC had performed over 300 studies, of those 95 people had grossly elevated scores, 8 people went on to have bypass surgery and countless others had Cardio Pulmonary Rehab. We could have never saved all those people's lives without this test.

ONCOLOGY SERVICES BROUGHT TO LEMHI AND CUSTER COUNTIES

In July 2009 Steele Memorial Medical Center was pleased to announce and welcome Andrew Scott Pierson, MD to the Outpatient Clinic. Dr. Pierson is a board-certified Medical Oncologist and Hematologist. Dr. Pierson is employed with the Portneuf Medical Center in Pocatello and is seeing patients the third Monday of each month in the Outpatient Specialty Clinic.

LABORATORY RECEIVES ACCREDITATION FROM COLA

In 2009 Steele Memorial Medical Center Laboratory received accreditation from COLA, which is an international healthcare accreditation body. It is a non-profit organization incorporated in 1998, and is sponsored by the American Academy of Family Physicians, the American Medical Association, the American Osteopathic Association, the American Society of Internal Medicine, and the College of American Pathologists.

The Steele Memorial Lab felt that it should exceed expectations and, therefore, sought accreditation. The process took well over a year, but with continued support from the Administration at SMMC, the Pathologists, and the hard work of the Laboratory staff, accreditation was achieved.

The accreditation process was a multi-step educational program promoting excellence in the operation of clinical laboratories. Through COLA accreditation SMMC's laboratory is recognized by the Centers for Medicine and Medicaid services as meeting regulatory requirements of the Clinical Laboratory. During the accreditation process, inspectors examine the laboratory's records and quality control procedures from the previous two years. Inspectors also examine the entire staff's qualifications, the laboratory's equipment, facilities, safety program and records, as well as the overall management of the laboratory. COLA conducts unannounced inspections every two years to ensure clinical laboratory operations maintain a high level of quality service.

Accreditation is given only to laboratories that apply rigid standards of quality in day-to-day operations, demonstrate continued accuracy in the performance of proficiency testing, and pass a rigorous on-site laboratory survey. SMMC is one of over 10,000 COLA-accredited laboratories in
2009, YEAR IN REVIEW

SMMC LABORATORY COLA ACCREDITATION CONTINUED

the United States. Steele Memorial Medical Center has earned this accreditation as a result of a long-term commitment to provide quality service to its patients.

STEEL MEMORIAL MEDICAL CENTER SCHOLARSHIP AWARDED

In 2009, Steele Memorial Medical Center awarded, graduating senior, Jenna Glanzer, a full scholarship. The purpose of this program was to provide a full scholarship to a graduating high school student in pursuit of a vocation in a critical health care field.

Jenna will pursue a career in radiology and began attending BSU in the fall of 2009. Under the terms of this scholarship agreement, Ms. Glanzer will be employed by Steele Memorial Medical Center for a period of one year for each year of education that is paid for by SMMC.

Chief Executive Officer, Victoria Alexander-Lane explained, “Healthcare professions are demanding and require a high level of dedication. We use an exhaustive process to assure the applicants have the ability to succeed as a healthcare professional. This in turn will serve Lemhi County in the future; both to bring our young people back to Salmon and provide excellent quality care.”

STEEL MEMORIAL MEDICAL CENTER NAMED 2009 MOST WIRED HOSPITAL

According to the results of the 2009 Most Wired Survey and Benchmarking Study Released in the July issue of Hospitals & Health Networks magazine, SMMC was named the Nation’s Most Improved.

Steele Memorial Medical Center, CEO, Victoria Alexander-Lane says, “We are very proud of our IT team and our entire staff for the tremendous effort they have put into our transition to Electronic Medical Records. We understand the importance of technology in the healthcare setting and will continue to make it a high priority.”

The Most Wired Survey is conducted annually by Hospitals & Health Networks magazine, the journal of the AHA, which uses the results to name the 100 Most Wired hospitals and health systems. It focuses on how the nation’s hospitals use information technologies for quality, customer service, public health and safety, business process and workforce issues.

STEEL MEMORIAL MEDICAL CENTER FUTURE EXPANSION

In August 2009 Steele Memorial Medical Center entered into an exclusive option to purchase agreement with Steve and Donay Freestone, owners of the Motel Deluxe and surrounding property.

This agreement allows for future planning for SMMC, as the property will not change hands until late fall 2010. This will allow Steele Memorial Medical Center time to preserve capital and to develop plans for the property, and will permit the Freestones to make the most of the tourist season in 2009 and 2010.

Investing in the Future
## BALANCE SHEETS

### ASSETS

<table>
<thead>
<tr>
<th>Current assets</th>
<th>2009</th>
<th>2008</th>
</tr>
</thead>
<tbody>
<tr>
<td>Cash and cash equivalents</td>
<td>$936,864</td>
<td>$1,283,310</td>
</tr>
<tr>
<td>Short-term investments</td>
<td>886,618</td>
<td>279,232</td>
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<tr>
<td>Receivables:</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Patient, net of estimated uncollectibles of approximately $308,000 and $431,000, respectively</td>
<td>2,436,207</td>
<td>1,839,393</td>
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<tr>
<td>Other</td>
<td>62,054</td>
<td>51,425</td>
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<tr>
<td>Estimated third-party payor settlements</td>
<td>-</td>
<td>426,565</td>
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<tr>
<td>Cash and cash equivalents restricted for debt service</td>
<td>429,270</td>
<td>419,270</td>
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<tr>
<td>Inventories</td>
<td>385,188</td>
<td>361,078</td>
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<tr>
<td>Prepaid expenses</td>
<td>169,353</td>
<td>110,129</td>
</tr>
<tr>
<td>Total current assets</td>
<td>5,305,554</td>
<td>4,770,402</td>
</tr>
</tbody>
</table>

| Noncurrent assets                                   |          |          |
| Cash and cash equivalents:                          |          |          |
| Restricted for capital acquisitions                 | 319,258  | 438,945  |
| Restricted for debt service                         | 144,384  | 17,956   |
| Board designated for capital acquisitions           | 440,752  | 306,544  |
| Deferred financing costs                            | 151,033  | 156,592  |
| Investment in Yellowstone Insurance Exchange        | 126,000  | 127,000  |
| Capital assets, net                                 | 12,397,401| 13,168,560|
| Total noncurrent assets                              | 13,578,828| 14,215,597|

Total assets                                         | $18,884,382 | $18,985,999 |

### LIABILITIES AND NET ASSETS

<table>
<thead>
<tr>
<th>Current liabilities</th>
<th>2009</th>
<th>2008</th>
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<tbody>
<tr>
<td>Current maturities of long-term debt</td>
<td>$780,956</td>
<td>$813,915</td>
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<tr>
<td>Accounts payable</td>
<td>188,757</td>
<td>271,507</td>
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<td>Estimated third-party payor settlements</td>
<td>148,000</td>
<td>60,000</td>
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<tr>
<td>Accrued expenses:</td>
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<td></td>
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<tr>
<td>Payroll and related liabilities</td>
<td>675,444</td>
<td>659,521</td>
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<tr>
<td>Interest</td>
<td>74,270</td>
<td>74,270</td>
</tr>
<tr>
<td>Total current liabilities</td>
<td>1,867,427</td>
<td>1,879,213</td>
</tr>
</tbody>
</table>

| Long-term debt, less current maturities              | 10,118,310| 10,868,378|
| Total liabilities                                    | 11,985,737| 12,747,591|

### Net assets

| Invested in capital assets, net of related debt      | 1,255,640 | 1,129,644 |
| Restricted for debt service and capital acquisition  | 573,654   | 437,226   |
| Unrestricted                                        | 5,069,351 | 4,671,538 |
| Total net assets                                     | 6,898,645 | 6,238,408 |

Total liabilities and net assets                     | $18,884,382| $18,985,999 |

See accompanying notes to basic financial statements.
**KEY FINANCIAL INDICATORS**

### Total Margin

This ratio reflects profits from both operations and non-operations. Higher is better.

### Operating Margin

This ratio reflects profits only from operations. Higher is better.

### Current Ratio

The Current Ratio is a measure of a hospital's short-term debt and working capital. Higher is better.

### Days Cash on Hand, All Sources

Days Cash on Hand, All Sources measures the number of days of average cash on hand for the hospital per year. Shorter is better as it indicates the hospitals has more liquidity. Higher is better.

### Days in Net Patient Accounts Receivable

Days in Net Patient Accounts Receivable is defined as the average period that cash is expected to be collected. Lower is better.
THE BEST CAREGIVERS IN IDAHO

DEPARTMENTS

Serving the Community
**ANESTHESIA**

The Anesthesia Department provides comprehensive anesthesia services, including general, spinal, major regional, moderate and deep sedation and pain management. The department is staffed with three certified nurse anesthetists. Anesthesia services are available for all emergency and obstetric cases.

**CARDIOPULMONARY**

The Cardiopulmonary Department provides cardiac diagnostic and respiratory therapy services. The Cardiopulmonary Department provides education for staff on the use of ventilators, BiPAP, CPAP, and Blood Gas Sample Collection, and is active in ACLS, PALS, and NRP education. The Cardiopulmonary Department was busy over the past year enhancing services. Some of the enhancements included increasing continuity of care, therapist attendance at deliveries both day and evening shifts, updating evidence based procedures, increasing primary care provider participation for rehab patients, increasing monitoring technology for unstable patients, and introduction of treatment modalities for improved patient outcomes. The Cardiopulmonary Department continues a relationship with Premier Sleep Professionals, allowing high quality sleep studies to be provided locally. The Cardiopulmonary Department continues to explore services that will benefit the community.

*James Little on an elliptical machine as part of his Cardiac Rehabilitation Program*

**CARDIOPULMONARY REHABILITATION**

The Cardiopulmonary Rehabilitation Department offers both Cardiac and Pulmonary Rehabilitation to our patients. These patients attend either Cardiac or Pulmonary rehabilitation for one hour two to three times each week and are monitored and guided through endurance, strengthening, and education programs. Patients of both programs meet with their care providers monthly to insure that each patient’s treatment plan is up to date and progress continues.

Steele Memorial Medical Center collaborates with visiting cardiology specialists to monitor patients through a physician directed, individually-tailored Cardiac Rehabilitation program.
**EMERGENCY DEPARTMENT**

The Steele Memorial Medical Center Emergency Department (SMMC ED) is a Level I emergency treatment facility, open 24 hours per day, 7 days per week. During the fiscal year 2009, the ED experienced an increase in the number of patients being treated. Our ED is fully staffed at all times with dedicated, licensed Emergency Room Physicians and nursing personnel. Nursing staff maintains certifications in Basic Life Support, Advanced Cardiac Life Support, Pediatric Advanced Life Support, the Emergency Nurses Association Trauma Nursing Core Course, and Neonatal Resuscitation.

The Emergency Department strives to stay prepared for any community disaster and participates in disaster drills. Staff recently participated in a Hazardous Material Decontamination in-service held at SMMC. Two ED staff members attended a week-long continuing education Adult and Adolescent Forensic Nurse Examiner in-service. This course provided our staff with updated information and skills required for the proper care of victims of assault and how to recognize, collect and preserve evidence. Steele Memorial Medical Center participates in the Intermountain Donor Services program, receiving continuing education for hospital staff and local morticians from Intermountain Donor Services. In-services provide information on organ donation and procurement, with a focus on our rural location. In December of 2009, a Landing Zone in-service was presented by a Critical Care Life Flight Paramedic from St. Patrick’s, Missoula. Staff received training on safety when transferring a patient from the Emergency Department to the helipad, and also awareness of family bystander safety. Our ED also participates in hands-on training for nursing students and EMS volunteers.

Through donations from the Steele Memorial Foundation, the Emergency Department has available for use the PACS System, a teleradiology system, which uses highly specialized software to transmit images, such as x-rays and MRIs, from one location to another and enables the Radiologist to effectively analyze, interpret and consult on the images. Also through donations from the Steele Memorial Foundation, a Datascpe patient monitoring system was purchased. This system allows for acute care monitoring of cardiac and trauma patients. During the first quarter of 2010, the ED plans to move towards an integrated emergency room electronic documentation system.

**ENVIRONMENTAL SERVICES**

The Environmental Services Department is responsible for maintaining a safe and clean environment for both patients and staff at Steele Memorial Medical Center. The ESD is responsible for keeping fresh, clean linens readily available for patients and department staff. The ESD ensures quality care through practicing thorough infection control and using products and procedures which provide a high level of disinfection. Environmental Services is constantly researching cutting edge procedures and technologies that will assist in cleaning and disinfection throughout the Medical Center.

*Left to right, Back row, Chloe McNabb, Gina Gould, Merced Suarez & Gloria Gaffney.  
Front row-David Harding, Lori Regli, Adele Miller & Connie Silcock*
INFORMATION SERVICES

The Information Services Department was established to provide all other departments and staff of Steele Memorial Medical Center with the information technology tools necessary to optimize their performance which, in turn, allows the organization to provide the highest possible quality of care to our patients. The IT Department strives to provide a progressive, yet stable, information technology environment. Acquisition and implementation of hardware and software, training, troubleshooting, end-user support, and preservation of data integrity are all functions of this department.

Steele Memorial Medical Center received the prestigious Most Wired Hospital Award for 2009. The Most Wired Survey is conducted annually by Hospitals & Health Networks magazine, the journal of the American Hospital Association (AHA), which uses the results to name the 100 Most Wired hospitals and health systems. It focuses on how the nation’s hospitals use information technologies for quality, customer service, public health and safety, business processes and workforce issues. “As the health reform debate continues, it’s clear that IT will play an even more important role in the health system of tomorrow,” says Rich Umbdenstock, president and CEO of the AHA. “Most Wired hospitals help illustrate IT in action—improving efficiency, quality and safety of care while helping to control costs.”

LABORATORY SERVICES

The Clinical Laboratory Department is a comprehensive service providing testing and blood bank services for all patients utilizing the facility. The Clinical Laboratory provides services 24 hours per day, seven (7) days per week to both the inpatient and outpatient population. Services include: Microbiology, Hematology, Chemistry, Urinalysis, Serology and Blood Bank. The department has aggressively sustained the ability to provide state-of-the-art testing by adding new equipment on an ongoing basis. Relationships with outside reference laboratories allow for completion of any laboratory test in a timely manner via computerized interface.

MEDICAL/SURGICAL INPATIENT UNIT

The Medical/Surgical Inpatient Unit is open 24 hours a day, seven days a week. The unit consists of 7 semi-private rooms and 2 private rooms for a total of 16 patient beds. All patient rooms are wired to have the capability to continuously monitor our patient’s cardiac status via remote Cardiac Telemetry Monitoring. The Steele Memorial Foundation donated a state of the art Telemetry System to the hospital in 2009. With this system, patients can be monitored remotely throughout the hospital. Documentation on the Medical/Surgical Unit is done electronically on Computers on Wheels (COWs) which allows for real time documentation at the patient bedside.
Nutritional Services is responsible for the highest quality food services possible to all patients (pediatric through the geriatric population), personnel and visitors. Cost effective, nutritious, high quality meals are prepared and delivered daily to patient care and the public dining area. Physician meals and catered functions are also provided. Dietary Cooks and Dietary Aides interview patients so their nutritional likes, dislikes and allergies are reflected in the preparation of their meals. All nutritional care is planned and administered by the Food Services Dietary Manager with meals evaluated and modified by a Registered Dietitian according to the patient’s individual dietary needs.

The Obstetrics Department—Newborn Nursery

The Obstetrics Department at Steele Memorial Medical Center has two state of the art Birthing Suites. Our birthing suites are equipped with remote fetal/maternal heart monitoring equipment that allows the laboring mom to walk in the hall and continue to be monitored for safety by our nursing staff. This system was
THE OB DEPARTMENT—NEWBORN NURSERY CONTINUED

donated by the Steele Memorial Foundation in 2006. Our birthing suites are equipped with a Jacuzzi tub to allow mom to relax in a warm bath during early labor, flat screen televisions and wireless computer access, in addition to the equipment needed during and after the delivery. After the delivery, the baby is taken to our beautiful, well equipped newborn nursery where the baby is assessed, weighed, measured and prepared to take back to mom.

Nursing staff who work in the Obstetrical Department are highly trained and are certified in Neonatal Resuscitation. Our staff focuses on ensuring that the birthing experience is safe, comfortable and memorable for our patients and their families. Many of our patients who deliver at Steele Memorial Medical Center were delivered here themselves by staff that is still working and providing excellent care. Our Obstetrical Unit is so fortunate to be able to provide all of our patients who deliver at Steele Memorial Medical Center with homemade baby blankets, caps, and other items created and donated to us by the Steele Memorial Auxiliary. This is a “special loving touch” that only happens in a small facility like ours.

Some of the services provided by the OB Department include:

- Prepared Child Birth Classes
- Prenatal tours
- Antepartum Stress Testing & Monitoring
- Continuous Fetal Heart Monitoring
- Pain Management & Pain Management Education by Anesthesia
- Useful Information to Patients in Regard To:
  - What to Bring to the Hospital and What to Expect During Labor
  - Post Partum Education on Self Care After Delivery
  - Newborn tips After Arrival Home
  - Safety After Baby Comes Home

- OB Delivery
- Rooming In
- Lactation support
- Web Based Baby Photo Access
- Family Support
- Newborn Hearing Screen
- Circumcision

Obstetrical Services at Steele Memorial Medical Center are provided by Dr. Richard Natelson, Dr. Diane Zavotsky and Dr. Samuel Gardner, all are highly trained, skilled providers. Dr. Natelson provides surgical services for Obstetrical and Gynecological Services.

OUTPATIENT SPECIALTY CLINIC

The Steele Memorial Medical Center Outpatient Specialty Clinic is an ever-expanding group of specialists, many of whom travel to Salmon, to care for our patients. Specialty medical services offered include: Dermatology, Cardiology, Vascular, Podiatry, Psychiatry, Optometry, and Oncology.

Oncology is the most recent addition to the SMMC Outpatient Specialty Clinic. Oncology services, including consultation and chemotherapy treatment, are available. SMMC has Registered Nurses certified in Chemotherapy Administration. This service allows our patients to receive their chemo-
PHARMACY

Steele Memorial Medical Center Pharmacy is staffed by 2 full time registered Pharmacists and one certified full time technician. The Pharmacy is manned seven days a week with on call services provided when the Pharmacists are not in house.

Bar coding technology that identifies both the patient and the medications is utilized throughout the medical/surgical floor. This particular technology allows SMMC greater patient safety and is rarely found in hospitals of this size. Steele Memorial Medical Center acquired new automated dispensing cabinets (PYXIS) in 2009. The new versions allow for bar code scanning both on refill and withdrawal. This will provide the Pharmacy with another level of medication safety for medication use.

In 2009 the hospital Pharmacy created new protocols for insulin use and adopted insulin prefilled devices for dispensing. The Pharmacy adopted new dosing and monitoring guidelines for Vancomycin. This will bring the department up to the current recommendations from the Infectious Disease Society of America guidelines.

2009, again, found Steele Memorial Medical Center concentrating on National Patient Safety Goal 3E. This particular goal concerns safety and efficacy in anticoagulation. To this end SMMC’s previous anticoagulation policies and procedures are being adapted to outpatients. Steele Memorial Medical Center’s clinicians have requested that the Pharmacy establish an outpatient anticoagulation clinic. The anticoagulation software was purchased and training has been completed. The department has an anticipated start date in January 2010.

Pharmacy in consultation with anesthesia and obstetrics continue to evaluate analgesia in labor. This has
REHABILITATION SERVICES DEPARTMENT:

PHYSICAL, OCCUPATIONAL AND SPEECH THERAPIES

The Rehabilitation Services Department at Steele Memorial Medical Center delivers comprehensive services to individuals with physical dysfunction secondary to disability, disease or injury in accordance with professional standards of practice, departmental policies and procedures, and organizational standards. Services include comprehensive assessments, development of treatment plans, delivery and documentation of care, consultation, re-evaluation, discharge planning, and patient/family education. Evaluation and treatment is offered to both in-patients and out-patients.

Currently, the Rehab Department includes physical therapy and occupational therapy. Rehab is in the process of contracting with a speech pathologist and are actively engaged in recruiting a second physical therapist to help expand the services currently offered and to add additional services and programs.

Other exciting news is that over the summer months they expanded the floor space of the Rehabilitation Department by removing a wall that separated the Cardiac and Pulmonary Services area from the Rehabilitation area. With this added space the department has been able to increase the amount of equipment that they have available for physical therapy, occupational therapy and cardiopulmonary patients.

For the 2009 Annual Giving Campaign, the Steele Memorial Foundation graciously chose Rehabilitation Services as their money raising project this year. With their support the Rehabilitation Department will be able to purchase:

PHARMACY CONTINUED

led the department to develop protocols for a very short acting analgesic (Remifentanil). The pharmacy continues to work on medication reconciliation and other policies and procedures as needed.

RADIOLOGY/DIAGNOSTIC IMAGING

The Diagnostic Imaging Services/Radiology Department is an extensive service providing technologically sophisticated clinical application of imaging technology 24 hours per day, seven (7) days per week. Services are provided to the inpatient and outpatient population of all ages, both within the Imaging Services/Radiology Department and at the patient bedside. Outpatient results are sent to the ordering physician's office. Recent equipment additions include a Digital Ultrasound Unit – in which we provide all ultrasound services including a Screening Carotid Ultrasound.

The department consists of Diagnostic Radiology, CT, MRI, Mammography and Ultrasound services.

PACS, Picture Archiving and Communication System, for viewing, storing and moving images.
REHABILITATION SERVICES DEPARTMENT CONTINUED

- Biodex Balance Systems—Will be used to evaluate a patient’s balance and then also used during therapy for balance training. The system provides visual feedback for patients and also tracks the patient’s progress. The system can be used for all ages and will be useful for anyone with poor balance, any LE injury, or a back injury.

- MyoTrac Infiniti sEMG plus Electrical Stimulation—This piece of equipment will provide information to therapist and patient regarding quantity of muscle contraction during exercise. It is also able to deliver electrical stimulation to targeted muscle(s) to increase muscle contraction and strength. This equipment will be very beneficial for muscle retraining after injury and/or surgery, since it can provide auditory feedback to patients regarding strength of a muscle contraction and if they are using the correct muscle(s).

- Additional Equipment—Additional equipment the Rehabilitation Department is able to purchase is an upright stationary bicycle, an elliptical trainer, treadmill, and an upper body ergometer. Also, a Wall Gym which uses pulley system for strengthening, this can be used standing or seated, is wheelchair accessible, and provides for a full body work out.

- Miscellaneous furniture/equipment—New chairs for patients, 2 rolling treatment stools and another overhead trapeze for the hospital beds upstairs.

- Computer on wheels (COWs) so that therapists can chart using e-form rather than charting by hand.

2009 was a very rewarding year and those in the Rehabilitation Department are looking forward to more improvements in 2010.

SURGICAL DEPARTMENT

Steele Memorial Medical Center Surgical Department believes in going the extra mile by offering the leading edge in quality care and equipment. The department is committed to continuously improving standards of patient safety and adopting Proven Best Practices. Whether admitted as an inpatient or the visit begins in Day Surgery, all receive sophisticated care from the physicians and staff of the Steele Memorial Medical Center Surgical Department. The large operating rooms and state-of-the-art equipment allow the surgeons and staff the environment to focus on the patient and provide compassionate healthcare.

Recent equipment additions include a high definition endoscopy tower to provide the highest level of camera picture quality, clarity and brightness. Thanks to the latest minimally invasive laparoscopic surgical techniques, SMMC’s specialists can perform entire surgeries through tiny incisions while inflicting less pain; causing minimal scarring and allowing for a speedy recovery.

The Surgical Department offers surgical procedures in the areas of General, Vascular, Orthopedic, Gynecological, Optical, Cardiac, Radiological and Podiatric Surgery. Steele Memorial Medical Center Surgical Department is dedicated to delivering the highest levels of compassionate and quality health care with the goal of helping you, your family and your neighbors fulfill the need for better health and an improved quality of life.

From left to right-David Persson RN, Carol Nord RN, Karen Hood Surgical Tech and Ginger Myers RN.
STEELE MEMORIAL MEDICAL CENTER

COMMUNITY BENEFITS

SERVING

Our Community
COMMUNITY EVENTS OF 2009

Annual Donor Appreciation Dinner honoring and recognizing accumulative donations of $500 or more.

Annual 4th of July Float

Seasonal Flu Vaccination Clinic

Men’s Health Night

Steele Memorial Auxiliary “Steele Magnolia’s” 9th Annual Pink Tea for Breast Cancer Awareness

Auxiliary homemade baked goods sale benefiting SMMC

Steele Memorial Auxiliary homemade baked goods sale benefiting SMMC

Free Community Classes: Tobacco Cessation, Childbirth, Diabetic Support Group, Mental Health Support Group, Multiple Sclerosis Support Group

Annual Blood Drive sponsored by the American Red Cross

Annual Blood Drive sponsored by the American Red Cross

3rd Annual Brake for Breakfast to raise Breast Cancer Awareness

Annual Health Fair Free screenings, BP checks, door prizes, gift bags, labs at discounted prices!

COME BE A PART OF IT!
COMMUNITY OUTREACH AND WELLNESS PROGRAM

Steele Memorial Medical Center is committed to making a difference in the lives of community members everyday. Throughout the year, a variety of community outreach programs, sponsored by Steele Memorial Medical Center, provide needed educational and health care services, making Steele Memorial Medical Center an integral part in the lives of members of our communities in Lemhi and Custer Counties. These ongoing programs and informal presentations on current health issues are offered to keep our community members healthy and well-informed, while highlighting the importance of prevention and wellness.

The following is a partial list of classes and programs that are offered to the community throughout the year. Most of these programs and events are offered at no charge to the community.

- Leg’s for Life Presentation
- Heart Disease for Consumers
- Heart Healthy Kid’s Program
- Virtual Colonoscopy Presentation
- National Wear Red For Women’s Health
- Peripheral Artery Disease Presentation
- Seasonal Flu Shots

- Diabetic Seminars
- Diabetic Support Groups
- Woman to Woman Health Symposium
- Annual Community Health Screening Fair
- Sports Physicals
- Sports Medicine Program
- Smoking Cessation Classes
- Lemhi County Fair Information Booth

- Expectant Parent Childbirth Preparation Program
- Sleep Well, Live Well - Sleep Study Program
- Brake for Breakfast - Breast Cancer Awareness Event
- Industrial Medicine Program
- Meet the Doctors Series
- Men’s Health Night
- Families with Mental Illness Support Group
SMMC Employee Awards Luau

Food, fun, door prizes and awards!

Building the float for SMMCs participation in the 4th of July Parade
ACTIVITIES

SMMC Family Picnic Fun!

Chatting with Friends!

Dessert Bake Off
(and tasting)

SMMC Employee Holiday

26th Annual

Cowboy Christmas
VOLUNTEERS

STEELE MEMORIAL AUXILIARY

The Steele Memorial Auxiliary is a charitable organization providing service to Steele Memorial Medical Center and its patients to promote the health and welfare of our community. Providing a personal touch to patient care is where the Auxiliary truly shines. The smiling face of a volunteer is the first thing patients see as they enter the hospital. They are available to answer questions and to direct patients to appropriate departments. The Auxiliary is comprised of 23 members who volunteer their time to provide a myriad of services. “Nothing is stronger than the heart of a volunteer,” is the appropriate motto our Auxiliary embraces.

During the past year, the Auxiliary has again expanded its role in support of SMMC and has branched out into new areas of service. In 2009, the Auxiliary provided 2,343 hours of volunteer services. Activities for the year included offering hand-crafted pillows for abdominal surgery patients, knitted booties, blankets and hats for new babies, giving tray favors to all in-patients, as well as sorting incoming and outgoing mail. Auxiliary assistance has added to the success of community outreach programs such as the Annual Health Fair, Red Cross Sponsored Annual Blood Drive, Kid’s Christmas Party and Brake for Breakfast, the breast cancer awareness event. Donations in the form of patient education materials, clinic waiting room improvements, wireless internet service for inpatients and giving to the Steele Memorial Foundation represent another facet of the auxiliary’s 2009 contribution to SMMC. To make these and other contributions possible, various fundraisers, such as the stained glass window raffle, homemade baked goods sale and the 9th Annual Pink Tea, were held throughout the year.

STEELE MEMORIAL AUXILIARY MEMBERS: Joan Schwarz, President; Shirley Kempf, Vice President; Roberta Fadness, Secretary; Carole Sheppeard, Treasurer; Carol Anderson, Sally Boyne, Norma Clore, Liz Dettloff, Sandi Dolliver, Darlene Gauthier, Peg Hevel, Gloria Jakovac, Norma McFarland, Pat McKinney, Alice Miller, Susan Richards, Maxine Sager, Tory Segrue, Mona Sellegren, Opal Steele, Kathy Tilford, Anna Vihlen and Honorary Member: Genie Quinn.

Hats, booties, scarves and many other items lovingly made by the Steele Memorial Auxiliary are available to purchase in the SMMC Gift shop located in the cafeteria.

Educational materials donated by the Auxiliary and available in all of the patient rooms.

Back row-Carole Sheppeard, Darlene Gauthier, Pat McKinney, Peg Hevel, Kathy Tilford
Front row-Roberta Fadness, Joan Schwarz, Anna Vihlen, Norma McFarland, Mona Sellegren and Genie Quinn

Dedicated
The goal of the Steele Memorial Foundation, as recorded in its bylaws, states, “The Foundation, by working with and through Steele Memorial Medical Center, seeks to improve medical care and medical services, thereby benefiting communities, residents, and visitors of Lemhi and Custer Counties.”

The 2009 Annual Giving Campaign began in April of 2009, and gained momentum in November with the Foundation’s annual letter drive. With a goal of $40,000, the Foundation chose to designate the 2009 Annual Giving funds to the Rehabilitation Department. These funds will allow the therapy department to purchase much needed equipment to better serve our Rehabilitation patients.

The previous Annual Giving Campaigns were a great success and the Foundation hopes with the community’s continued support, to repeat the accomplishments of preceding years. The 2008 Campaign, through your generosity, brought in $56,466.14. This money benefited the community and Steele Memorial Medical Center by allowing for the purchase of a state-of-the-art Wireless Biotelemetry System. The 2007 Campaign achieved the unprecedented by raising $86,876.00 for the purchase of Computerized Radiography Equipment. The 2006 Campaign raised $32,290.56 for the purchase of a Fetal Monitoring Unit for our Obstetrical Program. The money gained from each of our campaigns supplies Steele Memorial Medical Center with modern tools to continue providing quality, compassionate healthcare.

Our Donor Wall, in the hospital lobby, has long been a public place to acknowledge the many Friends, Sponsors, Patrons and Benefactors of the Steele Memorial Foundation. It is also an area to view the many donations made in memory of friends and loved ones from over the years. Each year the Foundation holds an Annual Donor Wall Reception to recognize all donors who have accumulated a donation total of $500 or more. Please take a moment to review this exceptional list of donors the next time you travel through the hospital lobby. While the Steele Memorial Foundation Donor Wall is significant, we wish to recognize all of the many individuals who have donated, whether it be $5 or $5000, and to all of these people we say, “Thank You!”

**STEELE MEMORIAL FOUNDATION BOARD**

Board Members: Bill Allen, Chairman, Loren Arfmann, Vice Chairman, Don Jakovac, Treasurer, Victoria Alexander-Lane, CEO, Sally Edwards, Robert Stoddard, David Yankoff, MD, Fran Tonsmeire, Elaine Mayberry and Brian Barry

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*Thank you to everyone for all of your support!*
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*Donations were made through March 19, 2010
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STEELE MEMORIAL MEDICAL CENTER
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STEELE MEMORIAL CLINIC
805 MAIN ST, SALMON, ID 83467

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CALL US AT (208) 756-5600
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