



# STEELE MEMORIAL MEDICAL CENTER

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## **PRESS RELEASE**

For Immediate Release  
September 13, 2017

### **Great American Smokeout**

Steele Memorial Medical Center vows to support all community members including employees who need support to quit smoking November 17. Smoking cessation information is available in the Steele Memorial lobby on Thursday, November 17. EIPH Smoking Cessation Support Group starts Tuesday, November 22, 5:30-6:30 pm at the Mahoney House.

American Cancer Society Great American Smokeout® is the perfect time to assist smokers trying to quit. Support can make the difference.

Life is short, and for those who smoke, quitting returns precious years and vitality. That's why Steele Memorial is so motivated to provide support to our community members and employees who pledge to quit on Thursday, November 17, the American Cancer Society Great American Smokeout.

Tobacco use remains the single largest preventable cause of disease and premature death in the US, yet about 40 million Americans still smoke cigarettes – that's about 1 in every 5 adults.

The American Cancer Society marks the Great American Smokeout on the third Thursday of November each year by encouraging smokers to use the date to make a plan to quit, or to plan in advance and quit smoking that day. By quitting – even for one day – smokers will be taking an important step towards a healthier life – one that can help lead to reducing cancer risk.

[cancer.org/smokeout.org](http://cancer.org/smokeout.org)  
1.800.227.2345

[projectfilter.org](http://projectfilter.org)  
1.800.QUITNOW

