



STEELE MEMORIAL MEDICAL CENTER

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PRESS RELEASE

For Immediate Release
Salmon, ID (February 6, 2017)

STEELE MEMORIAL MEDICAL CENTER OBSERVES NATIONAL WEAR RED DAY

Cardiovascular diseases, including stroke, is our nation's No. 1 cause of death; in fact, heart disease is the No. 1 cause of death in women. February is National Heart Awareness Month; and, in observance Steele Memorial Medical Center supported the National Wear Red Day on February 3, 2017. During lunch time, a total of 63 SMMC employee's, volunteers, and community members enjoyed a heart healthy lunch consisting of tomato soup, fruit, and turkey wrap sandwiches provided by Alesha Irons, SMMC Chef and Dietary Manager and an informative presentation on Healthy Heart Lifestyle, presented by Anthony Navone, MD. Doctor Navone is Board Certified in Cardiovascular Disease and Internal Medicine who travels to Steele Memorial Medical Center providing cardiology services once a month. The National Wear Red Day is an annual event observed across the nation. The outreach department of SMMC is proud to promote and support community awareness regarding the importance of heart health.