EGD Instructions
(Esophago-Gastro-Duodenoscopy)

- Please let your physician know if you are taking Plavix or Coumadin.
- Do not take aspirin, ibuprofen, non-steroidal anti-inflammatory agents or other types of arthritis medication for seven days before examination of surgical procedure. Tylenol is okay.
- Please leave all jewelry, watches, and valuables at home.
- Bring a current list of medications.
- You will be given sedative medications. Therefore, you must bring a responsible party to drive you home.

Preparation
- Nothing to eat or drink after midnight.
- If your procedure is scheduled in the afternoon, you may have a clear liquid breakfast before 7:00 a.m. Do not eat or drink after 7:00 a.m.

Please call Steele Memorial Clinic if you have any questions regarding these instructions.

Name of Patient: __________________________________________________________

Scheduled Procedure: _____________________________________________________

Date of Procedure: ________________________________________________________